

# Tideline

MENU OF SERVICES

*Spa*

## Massage

---

**Escapist Massage 50 min | 80 min**  
**170.00 | \$ 240.00**

Gain a new sense of harmony and balance, with aromatherapy melt into tranquility and calm to recharge your energy

**Deep tissue massage 50 min | 80 min**  
**170.00 | 240.00**

Deeply therapeutic, this custom massage targets chronic tension. Using a variety of techniques, your therapist helps bring relief to areas of pain and stiffness.

**Swedish Massage 50 min | 80 min**  
**160.00 | 230.00**

Utilizing long, fluid strokes, this classic massage relieves muscle tension and improves circulation. This massage will gently guide you to relax and release stress.

**Beautiful Belly 50 min | 80 min**  
**145.00 | 215.00**

Relieve some of the aches and pains you may experience as your body changes during pregnancy, helps you relax and care for both you and your baby "NOT OFFERED DURING FIRST TRIMESTER"

**Couples Massage 50 min | 80 min**  
**340.00 | 470.00**

Side by side massage of your choice

**Hot Stone Massage 80 min**  
**240.00**

Blends the use of heated stones with Swedish massage strokes to melt away knotted muscles, improve circulation and promote a deep sense of well-being

## Enhancements

CBD Oil | Hydrating Hands | Hydrating Feet | Scalp Treatment

## Spa Packages

---

**Tideline Retreat 300 min**  
**500.00**

Tideline Oasis Massage, Ocean Jasmine Glow, Ocean Rose Manicure & Pedicure

**Seaside Journey 160 min**  
**412.00**

Escapist Massage and Time Reversal Facial

**Ocean Breeze 150 min**  
**392.00**

Exotic fruit Body Scrub, Swedish Massage and Vital Radiance Facial

**Palm Beach Glam 130 min**  
**244.00**

Swedish Massage, Classic Manicure & Pedicure

## Signature

---

**Ocean Jasmine Glow 80 min**  
**230.00**

A full body exfoliation, using light brushing strokes to buff away dull, dry skin to enhance circulation and lymphatic flow, herbal infused compresses and warm jasmine body oil

**Botanical Sea Facial 80 min**  
**230.00**

A purifying facial customized to your skin type leaves your skin bright, glowing and oxygenated

**Tideline Oasis Massage 80 min**  
**250.00**

Nourish your senses with professionally selected oils infused with potent plant extracts to relieve muscle tension, and acupressure facial massage and a scalp treatment for complete head to toe relaxation

*Book a Spa Therapy*

*Phone Number: 561.540.6459*

*In house extension:6459*

*Website: [tidelineresort.com/spa/](http://tidelineresort.com/spa/)*

# Tideline

MENU OF SERVICES

Spa

## Body

### **Lemon Blossom Wrap 80 min** **275.00**

A gentle body scrub and a rich clay mask wrap finished with a massage of warm lemon body oil to hydrate the skin and recharge the senses

### **Blue Water Body Polish 50 min** **170.00**

A warm body scrub to loosen dull, rough skin, this deep exfoliation will buff away impurities and encourage circulation, finished with energizing Japanese Mint Body Oil full body skin hydration

### **Exotic Fruit Body Scrub 50 min** **170.00**

Exfoliate the skin and refresh the senses with a blend of detoxifying and rejuvenating fruits and herbs.

### **After Sun Relief 50 min** **145.00**

Comfort the skin with potent extracts of Calendula and Cucumber, followed by a cooling acupressure facial massage, finished with a nourishing and deeply hydrating dose of antioxidants and natural plant oils that will provide long lasting hydration to dry, damaged skin

## Enhancements

Scalp Treatment | Hydrating Feet | Collagen Mask

## Facials

### **Vital Radiance 50 min** **160.00**

A botanically rich treatment using the best anti-pollutants and anti-oxidants ingredients

### **Time Reversal 80 min** **275.00**

Reverse the signs of aging by stimulating your skins natural collagen, leaving your skin firm and tight with the help of natural and result oriented peptides

### **The HydraFacial 50 min | 80 min** **200.00 | 295.00**

A resurfacing procedure including cleansing, extractions, exfoliation, and intense hydration. Results oriented antioxidants, peptides and hyaluronic acid.

### **Men's Facial 50 min** **160.00**

Exclusive deep pore cleansing facial for men to help eliminate impurities and restore the skin's complexion.

### **Teen Facial 50 min** **130.00**

Deeply cleans the skin while restoring natural balance

## Nails

- Classic Manicure 40.00**
- Classic Pedicure 65.00**
- Gel Manicure 65.00**
- Gel Pedicure 85.00**
- Ocean rose signature Manicure 55.00/Pedicure 80.00**

## Enhancements

- Gel Re-do 30.00**
- Polish Change 20.00**
- French Polish 20.00**
- Hydrating Hands 25.00**
- Hydrating Feet 25.00**

## Hair

- Shampoo Blowout 60.00-80.00**
- Blowout "no wash" 50.00-70.00**
- Women's Haircut & Style 110.00**
- Haircut (No Styling) 65.00**
- Men's Haircut & Style 55.00**
- Childs Cut (12 & under) 25.00**
- Special Event UP-DO 120.00**

## Enhancements

- Specialty Hair Mask 20.00**
- Flat/Curling Iron 25.00**
- Scalp Treatment 25.00**

## Waxing

- Eyebrow Design 30.00**
- Lip & Chin 20.00**
- Full Face with brow design 60.00**

"Ask about our other waxing services"

[Book a Spa Therapy](#)

Phone Number: 561.540.6459

In house extension:6459

Website: [tidelineresort.com/spa/](http://tidelineresort.com/spa/)